Turkish Spicy Lentil and Bulgur Soup with Dried Mint and Red Pepper (Ezogelin Çorbası)

- 250g red lentils (approximately 1 1/2 cups), washed but not soaked
- 1 T. oil butter
- 1 t. flour
- 1 T. dried mint
- 1 t. Aleppo chili flakes, to taste
- 1 T. tomato paste
- 1 T. red pepper paste (can substitute more tomato paste)
- 5 cups vegetable broth or water
- ¼ c. coarse bulgur
- lemon wedges, to serve
- red pepper, to serve
- 1. Cook the lentils 15-20 minutes in 2-3 fingers high of water, until they fall apart. If needed, foam can be skimmed off the surface while cooking. Set aside when ready.
- 2. In a large soup pot, melt the butter and add flour to make a light roux. Add the mint, chili flakes, tomato and red pepper pastes. Stir continuously so nothing burns. Add the lentils, then the cold stock and bring to a boil, still stirring. Add the bulgur once the soup is boiling. Remove soup from heat after the bulgur is added. Add salt and pepper to taste.
- 3. Serve with lemon wedges and red pepper on the side.